



After-School Activities at IPS

Here at IPS we believe it is important that your child has the opportunity to participate in after-school clubs.

While we may be a little restricted with the space we have available, we can promise there is still a lot of fun to be had!

Every club has a maximum and minimum number. If a club is full, we can place your child's name on a waiting list. Please know that should a club not receive adequate interest, then the activity may be cancelled.

IMPORTANT NOTE:

Please collect children promptly between 16:00 & 16:15 if they are **not** involved in a club. If your child is not collected by 4pm they will be taken to **After-school Supervision**, *for which you will be charged.*



Registrations for after-school clubs can be made by online by visiting <https://ipsportugal.schoolcloud.co.uk/>

SIGN-UP CAN ONLY BE MADE FROM 9AM ON SATURDAY 10th SEPTEMBER.

If you have any issues using the sign-up system, please email info@ipsschool.org



In this booklet you will find the provisional schedule of activities and a brief description of what each club entails. Please note that although activities take place at IPS and are organized through the school office, ALL activities are privately run by the member of staff concerned. Payment should be made directly to them.

IPS is unable to issue invoices for after school activities.

We encourage all parents to pay electronically via MB-way or Bank transfer.

Please speak to the *club leader* for their bank details.



Prices:

Clubs are charged at **€8 per session**.

The only exceptions are *Fencing* and *Tile painting* for **€12** as well as *Football for Fun* which is for **free**.

Post-club buses:

We hope to be able to offer a bus service to the **Cascais, Estoril and Carcavelos** areas after the clubs have finished. This will depend on demand. Existing bus students will automatically be placed on the late bus, except those travelling to Lisbon or Sintra.





How to sign up -

Use this link to access the club booking system:

<https://ipsportugal.schoolcloud.co.uk/>

We have put together a small presentation to help with the signing on process:

<https://drive.google.com/file/d/1CbA4wEj77OMIRyVEFcir6V9sRw-ZWRni/view?usp=sharing>

Please email info@ipsschool.org if you encounter any problems.





Club Schedule –

ALL CLUBS FINISH AT 17:00

Activities for Foundation Stage 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dance & movement Lorraine Music room	Busy bees & Bob the builder club Tania FS2X	Dance & movement Lorraine Music room	Sing along club Leanne EYFS playground (FS2X)	Dirty rascals Lorraine & Leanne EYFS playground (FS1X)
	Playdough & Fairy tales Andrea Year 1X	Eco-multicrafts Maggie FS1Y	Disney club Laura FS2Y	



ALL CLUBS FINISH AT 17:00

Activities for Foundation Stage 2

Monday	Tuesday	Wednesday	Thursday	Friday
Dance & movement Lorraine Music room	Busy bees & Bob the builder club Tania FS2X	Cooking club Tracey Kitchen	Cooking club Tracey Kitchen	Dirty Rascals Lorraine & Leanne EYFS playground (FS1X)
Lego club Ms. Andreia Engracio FS1X	Cooking club Tracey Kitchen	Dance & movement Lorraine Music room	Sing along club Leanne EYFS playground (FS2X)	
Tennis Pedro Angeja KS1 playground	Gardening club Karen Weintraub EYFS playground	Eco-multicrafts Maggie FS1Y	Disney club Laura FS2Y	
	Playdough & Fairy tales Andrea Year 1X	Ballet Leanne Hall		



ALL CLUBS FINISH AT 17:00

Activities for Year 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dance & movement Lorraine Music room	Cooking club Tracey Kitchen	Cooking club Tracey Kitchen	English talk & play Tania Year 2X	Dirty Rascals Lorraine & Leanne EYFS playground (FS1X)
Lego club Ms. Andreia Engracio FS1X	Fencing Eduardo Pereira Hall	Dance & movement Lorraine Music room	Jungle gym Mr. van Dijk Hall	Tennis Pedro Angeja KS2 green pitch
Challenge Accepted! Babs & Mafalda Year 2X	Karate Miguel Macedo Library	Eco-multicrafts Maggie FS1Y	Cooking club Tracey Kitchen	IPS Football club Mr. Silva KS1 playground
Arts & crafts Ms. Annick Art room	Gardening club Karen Weintraub EYFS playground	Ballet Leanne Hall	Maths club Mafalda Year 1Y	
IPS Football club Mr. Silva KS2 green pitch	Playdough & Fairy tales Andrea Year 1X	Chess club Dmitry Shibaev Year 2Y		
	Tennis Pedro Angeja KS1 playground	Basketball Kate KS1 playground		



ALL CLUBS FINISH AT 17:00

Activities for Year 2

Monday	Tuesday	Wednesday	Thursday	Friday
Lego club Ms. Andreia Engracio FS1X	Fencing Eduardo Pereira Hall	Cooking club Tracey Kitchen	English talk & play Tania Year 2X	Dirty Rascals Lorraine & Leanne EYFS playground (FS1X)
Challenge Accepted! Babs & Mafalda Year 2X	Knit & crochet Maggie FS1Y	Ballet Leanne Hall	Jungle gym Mr. van Dijk Hall	Tennis Pedro Angeja KS2 green pitch
Arts & crafts Ms. Annick Art room	Scraps 4 fun Ms. Annick Art room	Eco-multicrafts Maggie FS1Y	Cooking club Tracey Kitchen	IPS Football club Mr. Silva KS1 playground
IPS Football club Mr. Silva KS2 green pitch	Karate Miguel Macedo Library	Chess club Dmitry Shibaev Year 2Y	Knit & crochet Maggie FS2Y	
Jazz dance Leanne Hall	Cooking club Tracey Kitchen	Basketball Kate KS1 playground	Maths club Mafalda Year 1Y	
	Tennis Pedro Angeja KS1 playground			



ALL CLUBS FINISH AT 17:00

Activities for Year 3

Monday	Tuesday	Wednesday	Thursday	Friday
Lego club Ms. Andreia Engracio FS1X	Maths club Ms. Almeida Year 3X	Cooking club Tracey Kitchen	Knit & crochet Maggie FS2Y	Arts & crafts Ms. Annick Art room
Challenge Accepted! Babs & Mafalda Year 2X	Cooking club Tracey Kitchen	Chess club Dmitry Shibaev Year 2Y	Mandala club Ms. Annick Art room	Origami for Beginners Ms. Styles Year 4X
Arts & crafts Ms. Annick Art room	Knit & crochet Maggie FS1Y	Library club Camellia Library	Cooking club Tracey Kitchen	Tennis Pedro Angeja KS2 green pitch
IPS Football club Mr. Silva KS2 green pitch	Scraps 4 fun Ms. Annick Art room	The inventors! Inventors team Year 7X	Tennis Pedro Angeja Hardcourt	Tile painting Heide Cruz Kitchen
Jazz dance Leanne Hall	Karate Miguel Macedo Library		English talk & play Tania Year 2X	
Basketball Mr. van Dijk Hardcourt	Fencing Eduardo Pereira Hall		Running club Ms. Alexandre KS2 green pitch	
			Pins & Needles Ms. Andreia Engracio FS1X	



ALL CLUBS FINISH AT 17:00

Activities for Year 4

Monday	Tuesday	Wednesday	Thursday	Friday
Lego club Ms. Andreia Engracio FS1X	Knit & crochet Maggie FS1Y	Library club Camellia Library	Pins & Needles Ms. Andreia Engracio FS1X	Tile painting Heide Cruz Kitchen
Jazz dance Leanne Hall	Scraps 4 fun Ms. Annick Art room	Tile painting Heide Cruz Art room	Mandala club Ms. Annick Art room	Arts & crafts Ms. Annick Art room
Basketball Mr. van Dijk Hardcourt	Multi-sports Ms. Theobold KS2 green pitch	The inventors! Inventors team Year 7X	Tennis Pedro Angeja Hardcourt	Karate Miguel Macedo Hall
Challenge Accepted! Babs & Mafalda Year 2X	Maths club Ms. Almeida Year 3X		Running club Ms. Alexandre KS2 green pitch	Origami for Beginners Ms. Styles Year 4X
	Fencing Eduardo Pereira Hall			



ALL CLUBS FINISH AT 17:00

Activities for Year 5

Monday	Tuesday	Wednesday	Thursday	Friday
Lego club Ms. Andreia Engracio FS1X	Multi-sports Ms. Theobold KS2 green pitch	Tile painting Heide Cruz Art room	Maths club Ms. Almeida STEAM room	Tile painting Heide Cruz Kitchen
Jazz dance Leanne Hall	Knit & crochet Maggie FS1Y	Tennis Pedro Angeja Hardcourt	Pins & Needles Ms. Andreia Engracio FS1X	Arts & crafts Ms. Annick Art room
Basketball Mr. van Dijk Hardcourt	Scraps 4 fun Ms. Annick Art room	Computing Vasco Silva ICT room	Mandala club Ms. Annick Art room	Karate Miguel Macedo Hall
Library club Camellia Library			Running club Ms. Alexandre KS2 green pitch	Origami for Beginners Ms. Styles Year 4X
Challenge Accepted! Babs & Mafalda Year 2X			Strategy games Ms. Nash Year 6X	



ALL CLUBS FINISH AT 17:00

Activities for Year 6

Monday	Tuesday	Wednesday	Thursday	Friday
Lego club Ms. Andreia Engracio FS1X	Scraps 4 fun Ms. Annick Art room	Tile painting Heide Cruz Art room	Running club Ms. Alexandre KS2 green pitch	Tile painting Heide Cruz Kitchen
Jazz dance Leanne Hall	Knit & crochet Maggie FS1Y	Tennis Pedro Angeja Hardcourt	Pins & Needles Ms. Andreia Engracio FS1X	Arts & crafts Ms. Annick Art room
Basketball Mr. van Dijk Hardcourt	Multi-sports Ms. Theobold KS2 green pitch	Computing Vasco Silva ICT room	Maths club Ms. Almeida STEAM room	Karate Miguel Macedo Hall
Library club Camellia Library			Mandala club Ms. Annick Art room	Origami for Beginners Ms. Styles Year 4X
Challenge Accepted! Babs & Mafalda Year 2X			Strategy games Ms. Nash Year 6X	



ALL CLUBS FINISH AT 17:00

Activities for Year 7

Monday	Tuesday	Wednesday	Thursday	Friday
Library club Camellia Library	Knit & crochet Maggie FS1Y	Tile painting Heide Cruz Art room	Mandala club Ms. Annick Art room	Arts & crafts Ms. Annick Art room
Jazz dance Leanne Hall	Multi-sports Ms. Theobold KS2 green pitch	Tennis Pedro Angeja Hardcourt	Pins & Needles Ms. Andreia Engracio FS1X	Karate Miguel Macedo Hall
Lego club Ms. Andreia Engracio FS1X	Scraps 4 fun Ms. Annick Art room	Computing Vasco Silva ICT room	Maths club Ms. Almeida STEAM room	Origami for Beginners Ms. Styles Year 4X
			Strategy games Ms. Nash Year 6X	Tile painting Heide Cruz Kitchen
			Running club Ms. Alexandre KS2 green pitch	



What's that club about?

After-school Supervision – Your child will automatically join 'After-school supervision' if you have not arrived by **16:15**. *Please be aware that you will be charged.* Please inform the school in advance if you think you will be late.

Arts & Crafts - Use a variety of art media & techniques such as painting, drawing, printing, modelling and sculpture in themed or open ended projects.

Ballet – Ballet is the basis of all dance forms. It encourages musicality, movement skills, strength, good posture, poise and sound technique. A Ballet class is great fun, giving children the chance to dance in their own unique way and gain confidence and shine.

Basketball – Learn how to play basketball with Mr. Van Dijk or Mrs. Mills.

Board games club – Who doesn't like a good board game? Come and join Landa for some fun, learning and playing a collection of different board games.

Busy Bees & Bob the builders – Play and have fun with a wide range of activities: crafts, play dough and clay modelling, construction games, puzzles, outdoor activities and games and more.....





Challenge Accepted! – If you enjoy a challenge, this is the club for you! Taskmaster style activities, some drama, and traditional style games to enhance confidence, creativity, and team working skills.

Chess club - Learn to play chess with former chess champion, Dmitry Shibaev! Dmitry discovered his love for Chess in high-school and now he is ready to share his skills. Sign up now to learn the basics of how to play.

Computing – Join Vasco in the ICT room for an afternoon of computing. In this club you will develop a basic understanding of game creation as well as learning a bit of coding. This is for those that have a passion for computers.

Cooking club - Introduction to fun tasty, simple recipes and basic cooking skills in a relaxed and friendly setting.

Dance & Movement - This club is for your child to enjoy and gain confidence with different styles of dance and music. They can bring dressing up clothes to and dance to their hearts content.

Dirty rascals – This club will give children an opportunity to get creative and inspired in our fantastic outdoor learning areas. Play in the mud kitchen with sticks, leaves, pinecones, shells, flowers, seeds and more, to make weird and wonderful things.

Disney club – Do you love Disney? Whether it's the characters, the songs, or both – we will visit all sorts of stories from Frozen to Toy Story. Drawing, dressing-up and singing are just some of the things we will get up to.



Eco-multicrafts - Enjoy making all sorts of seasonal crafts with recycled materials and others. Take one home every lesson and encourage others to be eco-friendly!

English talk & play - Great for non-native English speakers! Join Tania for some relaxed fun in the afternoon. Activities will vary to help you children get more comfortable with speaking in English - games, stories, and more!

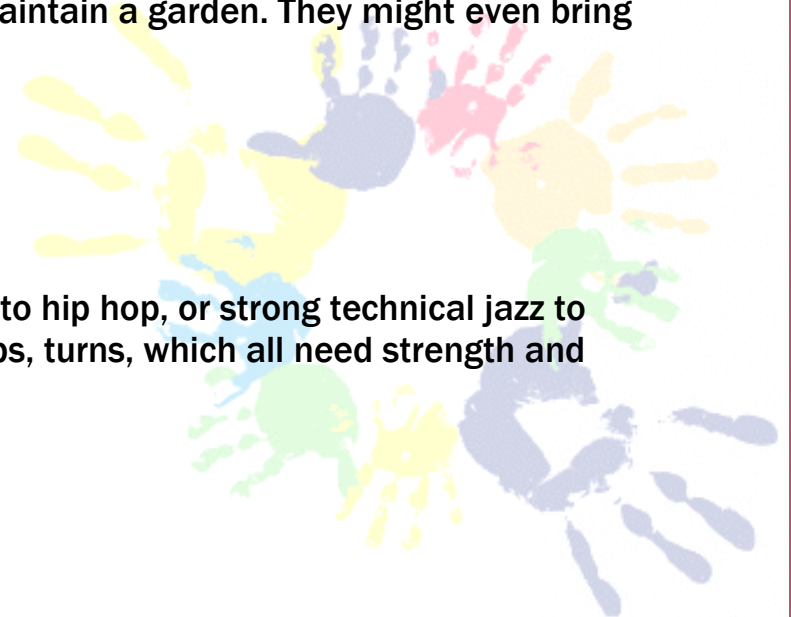
Fencing – Learn the sport of fencing with ex-Olympian, Eduardo Pereira. (Price €10)

Football for Fun! – Don't expect to be trained to be the next Cristiano Ronaldo - This is just fun with a football at the end of the day. (No Charge)

Gardening club – Join one of our IPS Mums, Karen Weintraub, and help keep IPS' veggie patches looking healthy. This is a great club for your little ones to learn about growing and how to maintain a garden. They might even bring home some helpful tips!

IPS Football club – Learn how to play football with Mr. Silva.

Jazz dance – Jazz dance club offers a wide range of styles, from street jazz to hip hop, or strong technical jazz to lyrical/contemporary. You will learn travelling steps, high kicks, leaps, jumps, turns, which all need strength and flexibility. All styles are influenced by current music trends.





Jungle gym – A combination of gymnastics and parkour, combined with playful activities to enhance motor skills and build confidence.

Karate – hone your skills and learn the martial art of karate with our resident black-belt master, Miguel Macedo.

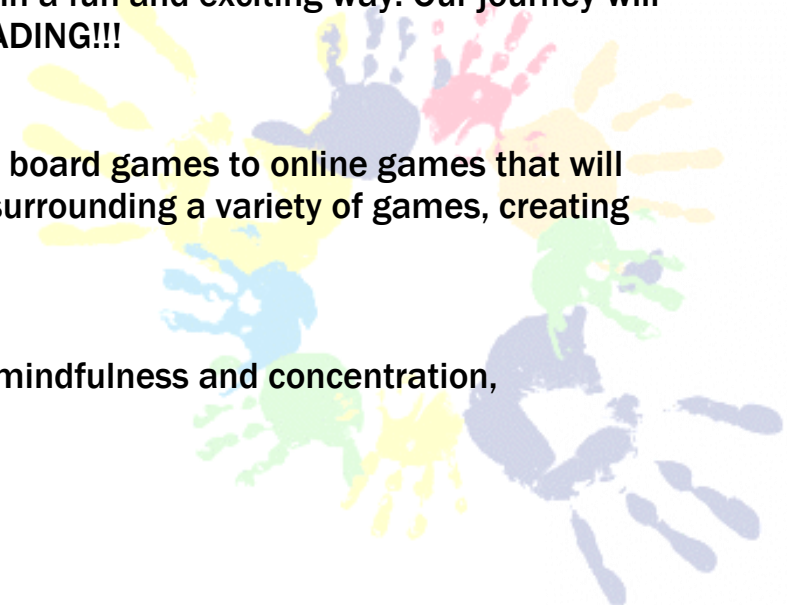
Knit & Crotchet – Learn how to knit and crochet while making lovely pieces to take home. In the past we have made hats, scarfs, and even bikinis!

Lego club - Be creative! Try the Lego challenges and come and have fun building with Lego.

Library Club - Do you love learning new things? Come with me on a fantastic adventure, travel to amazing places, enjoy incredible art, look into the past and open your mind to new ideas... The opportunities are endless! Library activities will enhance focus, memory, empathy and communication skills in a fun and exciting way. Our journey will include games, writing, drawing, storytelling, discussion, and of course **READING!!!**

Ludology – Come along to enjoy the study of games from ancient Egyptian board games to online games that will test your logic. We will be learning about the history, players and cultures surrounding a variety of games, creating our own and, most importantly, having fun playing them!

Mandala club - Learn to design and produce your own mandalas! Develop mindfulness and concentration, strengthen focus skills, and enhance your creativity and relaxation.





Maths club – Enhance your mathematics skills with Ms. Almeida or Mafalda.

Multi-sports – Pull up your socks and get your trainers on, it's time for multi-sports! Join Ms. Theobold for an action packed afternoon. Dodgeball, netball, maybe hockey – we are playing them all!

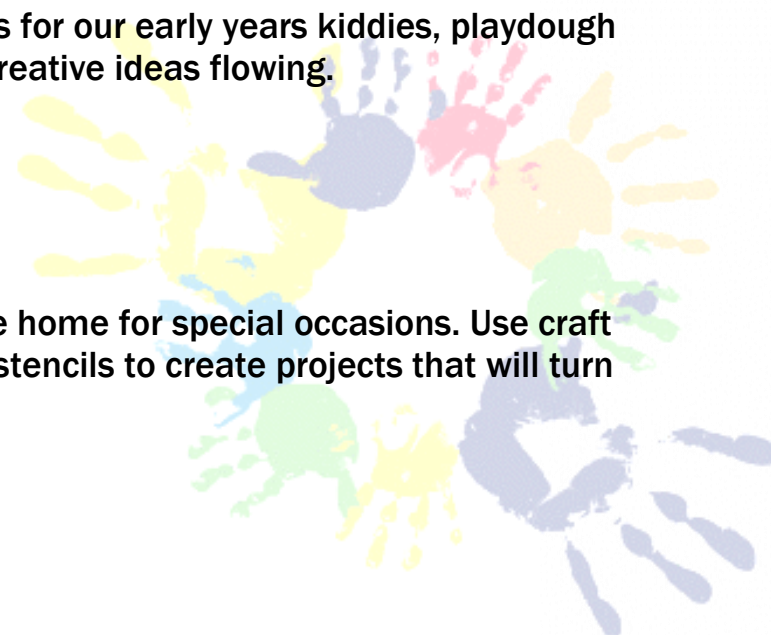
Origami for beginners – Have you ever looked at origami animals made out of folded paper and wished you could create origami figures too? Now is your chance! Come along and learn the basics of the Japanese art of paper folding with Mrs. Styles.

Pins & Needles - A very social club where children gain skills in soft-toy making, embroidery, weaving, tapestry and other crafts activities which they can take home to enjoy.

Playdough & fairytales – This club combines two of the most popular things for our early years kiddies, playdough and fairytales! We will inspire ourselves with a good fairytale to get those creative ideas flowing.

Running club - Learn to run; get fit; break records; have fun!

Scraps 4 Fun - Make cards, calendars, invitations and other projects to take home for special occasions. Use craft tools, stickers, washi tape, ribbons, patterned papers, cutters, stamps and stencils to create projects that will turn crafts into delightful memories!





Strategy games - This club is for students who love thinking ahead, problem solving and playing games. From independent games, pencil and paper games, card games, games to play with a partner and even big group games; we will be playing them all!

The sing along group - Come join this fun group of music, singing, and movement. You will learn songs, play instruments and use your fine motor skills. Let's play, learn and grow together. If you can walk you can dance! If you can talk you can sing! So come and sing along with me.

Tennis – Learn to play tennis with Pedro.

Tile painting - Children will enjoy creating their own works of art on tiles that can be used for hot plates, magnets and decoration. Other ceramic objects will also be available to paint like mugs, trays, and the typical Portuguese cockerel. (Price €12)

MORE BELOW





Music lessons:

If your child is interested in learning an instrument after-school, then please send us an email. We will be able to put you in contact with a variety of music teachers depending on the instrument. Contacts include **guitar, piano, flute**, as well as a **singing coach**!





Offsite options:

In the local area there are a number of after-school options that are also great fun AND can be a brilliant way to pick up the local language! Feel free to come and ask to check out our notice board in the atrium for some alternatives that your child might be interested in. Please know that external clubs are not monitored by IPS.

Examples include:

- **Mr. Silva** runs an off-site **football club** that happens every Tuesday and Thursday – 17:00 to 18:30. The teams train twice a week and play matches every other weekend. Location: Vila Fria, Oeiras football ground. For further details AND to sign your child up, please email msilva@ipsschool.org .
- **CASCAIS ROUTES** offers some great outdoor activities to get your kids into the wilderness and moving around. Contact the Portuguese MacGyver – João Gama.
- Hooked surf school offers surfing lessons and can even collect your children from school. Contact Brian Trigg.
- The [Cascais sailing club](#) (Clube Naval de Cascais) will teach your children the ‘way of the waves’, sign up and learn to sail!
- The Pumas baseball team is now open for sign-ups! Send them an email if you are interested in training your batting skills, portugalpumasl@gmail.com .

